



## Certificate in Outdoor Emergency Care

This new certificate is registered under the NZQA as a ‘training scheme’.

### Why?

Existing PHEC qualifications delivered by the majority of New Zealand first aid providers fail to address the unique remote environments in which our clients work. The new Certificate in Outdoor Emergency Care highlights ‘point of difference’ and enables us to teach and assess participants using more specific outdoor scenarios and broader range of topics relevant to our work environments.

### What will it look like?

The course will be run over five days, includes a pre course workbook and homework. The delivery will be an engaging mixture of theory and practical scenarios – including some in a realistic outdoor setting. The assessment will be both written and practical/scenario based, checking for understanding in a broad range of outdoor related first aid topics. The existing unit standards 14473, 25411 and 25412 will be included.

### What topics will be covered?

DAY 1	Day 2	Day 3	Day 4	Day 5
Anatomy and Physiology -Respiratory system -Cardiovascular system -Musculo-skeletal system -Nervous system -Digestive system Accident site management Patient Assessment	Airway - assessment and management Oxygen therapy Resuscitation Circulation - assessment and management. CPR Defibrillator	Shock Spinal injuries Fractures and dislocations	Soft tissue injuries Haemorrhage control Burns Medical conditions Chest injuries Head injuries	Hypothermia Heat related injuries Pain management First Aid Kits

### Who is this course for?

The intended students are people who work in the adventure tourism, and outdoor recreation and education sectors in New Zealand. They include: glacier, ski, mountain, trekking, caving, kayaking and cycle tour guides, ski patrollers plus outdoor educators and instructors working for high schools.

These people require the skills to respond to a first aid emergency in outdoor environments, often in remoter areas where emergency services may be delayed – or the patient may need to be transported to the emergency services.

The majority of these people hold a tertiary qualification and all will have a prior first aid certificate.